

Bringing Theory to Practice Toolkit Instrument: Summary Handout

Instrument Overview: This instrument is intended to address the three dimensions of BTtoP work (engaged learning, civic engagement, and student mental health and well-being) in a single instrument. Drawing from standardized instruments and original items, it addresses multiple facets of each of the three core research dimensions.

Outline of Assessment Areas by Core BTtoP Research Dimension¹:

1. Engaged Learning

- Items intended to address *levels* of engaged learning:
 - Preparatory
 - Responsive
 - Transformative
 - Initiative

(Items adapted from the National Survey of Student Engagement, College Student Experiences Questionnaire, and original items from the BTtoP consortium)

2. Civic Engagement

- Moral development scale (*Eyler & Giles, 1999*)
- Civic-mindedness scale (*Eyler & Giles, 1999*)
- Degree of civic involvement in different *types* of communities (campus, local, community and national) (*BTtoP Consortium*)
- Motivation for involvement (*Montclair State University*)
- Frequency of participation in civically-oriented activities (*Montclair State University*)

3. Student Mental Health & Well-being

Mental Health:

- Stress scale (*BTtoP Consortium*)
- Depression scale (*CES-D, Center for Epidemiological Studies – Depression scale*)

Well-being:

- Alcohol use (frequency and amount of consumption per month, per week, per sitting) (*BTtoP Consortium*)
- Alcohol motives scale (*Cooper 1994*)
- Alcohol problems scale (*CAPS-r*)
- Substance use (frequency of use of illegal drugs, marijuana, recreational use of prescription drugs) (*BTtoP Consortium*)

¹ Sources for measures are indicated in italics