

LifeMAP developed at Elizabethtown College as part of AAC&U's Core Commitments initiative

LifeMAP: "Exploring the Enduring Questions"

Self-Discovery

- What are your strengths and challenges?
- If you could do anything, what would it be? What do you most enjoy?
- How do you define excellent work?
- How do you want to grow as a person?
- Can you identify barriers to your success as a student? To your life work choice?
- What are your beliefs? What do you value?
- What is your family's history with higher education?
- What information can you draw from your parent/family experience? What path have they chosen?

Motivation

- What do you hope to gain from your college experience? What are your goals? (Short and long-term)
- How will you know when you've been successful in college and in life? What markers will you employ?
- How do you define passion? Do you have a passion for your life work choice? Is this important?
- How will you sustain a commitment to your life work choice? Is commitment important?
- Is your family encouraging you to pursue a particular path? How do these expectations challenge or support your goals?

Life Balance

- How do you define life balance? Is this important?
- What will you do if your life work choice doesn't make you happy?

Path

- Why did you choose this college and this program of study?
- How much do you know about this field of work? What prior experience do you have in this field?
- Have you identified role models or mentors in this field?
- Will your co-curricular investments contribute to or detract from your goals?
- Have you tested your skills through an internship or other community based learning? How has this experience influenced your goals?
- How will you overcome barriers to your success?
- Do your course selections support your goals?
- How does graduate education contribute to your life work goal?
- What will you do if you are unable to continue with this choice?

Purpose

- How have you reached beyond yourself to contribute to the Etown College or the broader community? How are these contributions integrated into your life work choice?
- Do your personal beliefs and values align with your life work choice?